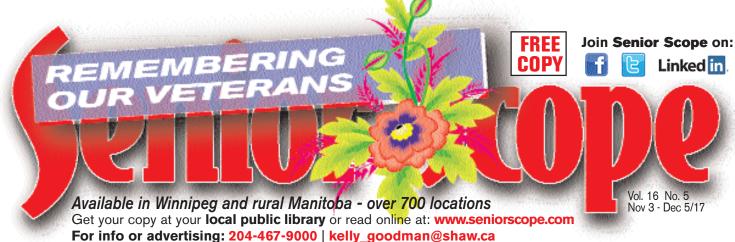
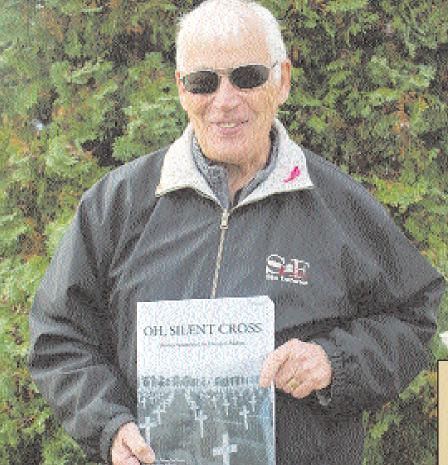
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We must remember their sacrifice, and not just in November

By Roger Currie



Sargent Tommy Prince

he deadliest war imaginable ended in 1945. That was two years before I came into the world, but now in my 71st year, WW2 seems to loom even larger in my consciousness. This is especially so every November when poppies are still worn by millions of us. 2017 has focused more attention on both world wars as well as lesser regional conflicts in far away places like Korea and Vietnam.

Harry McFee is holding the second of two

books he self-published on World War Two.

It was 100 years ago that more than 3500 Canadian soldiers died at Vimy Ridge in northern France. This year we also marked the 75th anniversary of Dieppe, Canada's bloodiest single day in WW2.

I was blessed to have a father who served his country with distinction in Europe, and having the great good fortune to do so without ever being shot at. Unlike others of his generation who had experiences that were simply too horrible for most of us to even imagine, Andy Currie talked a lot about his years wearing the uniform of Canada.

In the late 1930's, he had the good sense and foresight to take officer training, thereby ensuring a wartime experience that was different from many others. He had a 'batman' and spent lots of time in the officers mess. At war's end, Dad came home with the rank of Lieutenant Colonel in the Royal Canadian Army Service Corps.

In our family car when I was growing up, we had the neatest little spade that folded up for easy carrying in a backpack. Dad told me one day that it was a German entrenching tool that he found near

one of the WW2 battlefields in France. Apparently he also brought home a few other souvenirs that belonged to dead soldiers of the Third Reich, including a luger pistol, but at mother's insistence they were quickly disposed of.

I attended Kelvin High School in Winnipeg in the early 1960's, but it wasn't until much later that I became fully aware just how that experience was also vitally connected to the war. A majority of the men who taught at Kelvin then had served in the Canadian

Cont'd on page 3

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American Standard

# We must remember their sacrifice, cont'd from front page

forces. Several of them no doubt experienced what we now call *PTSD* (Post Traumatic Stress Disorder). They came home in 1945, and for the most part, they put their war years in a closet somewhere and closed the door. Time to 'suck it up' and get on with life. They truly were the *Greatest Generation* in so many ways.

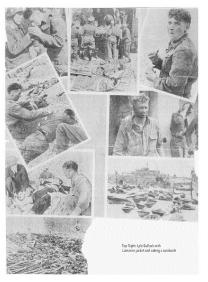
I want to say a few words in particular about Herb Belyea who taught music when I was at Kelvin. He was also a composer, a director of several outstanding choirs, and a personal teacher of several of Winnipeg's most outstanding singers over the years. What I did not realize until I read his obituary following his death in 2001 at the age of 74, was that Herb Belyea had put his life on the line as a Captain in the Royal Canadian Artillery on June 6, 1944 on Juno Beach.

I recalled that Herb was a slight man who seldom raised his voice, hardly the image of a man one would think of putting himself in harm's way to such an extraordinary degree. As I read his obit in the newspaper that day, I got somewhat emotional, and felt a pang of regret that I never said "thank you for your service Mr. Belyea, and we're sorry for being such unruly brats in music class". Many other Manitoba men, no doubt some of them also teachers, did not survive the events of 1944. They are buried in Normandy and elsewhere in Europe. Others are buried in places like Hong Kong where the enemy was Japan.

None of these men were conscripted into military service. There really never was a draft in Canada. Men like my father and Herb Belyea joined up because it had to be done. It wasn't just the right thing to do, it was the only thing to do. They enabled Canada to punch way above our weight when it came to fighting the war that was oh so 'necessary'.

Harry McFee of Winnipeg is one of the people who have gathered many such stories into a couple of amazing books. In 2002, Harry self-published "For We Were Young and We Had Wings", focusing on stories about the Royal Canadian Air Force. More recently came a second book "Oh, Silent Cross. Go Forth, Now, In Peace And Be Not Afraid", which still is available for sale at McNally Robinson in Winnipeg. Both books include stories of heroism and heartbreak. Some of the stories were written by the men themselves, and assembled with great care by Harry McFee whose personal





A couple of pages you'll see in Harry McFee's latest book.

mission seems to be ensuring that they are not forgotten. Both books also are available at our public libraries, and I very much recommend them for November reading in particular.

Some final words if I may about a name you'll find in Harry's second book, Sargent Tommy Prince who died 40 years ago at the age of 62. Born and raised on what is now the Brokenhead Ojibway First Nation near Scanterbury Manitoba, Tommy's proud heritage can be traced back to his great great grandfather, the legendary Chief Peguis who helped the Selkirk settlers survive their first rugged winters in Manitoba before 1820.

Prince joined the Canadian Army in 1940 at the age of 24, and was originally a sapper with the Royal Canadian Engineers. Tommy later trained as a paratrooper and served with the First Canadian Special Service Battalion. Their exploits in Italy in 1943 were dramatized by Hollywood in the movie The Devils Brigade, released in 1968. There were other dramatic stories involving Tommy Prince in France that were probably also deserving of a movie. He received several decorations including the Military Medal which he received from King George VI. Civilian life was not so easy for

Sargent Prince after the war, and in 1950 he was back in uniform, joining the legendary Second Battalion of the Princess Patricia's Canadian Light Infantry which fought in Korea. That service included the fierce Battle of Kapyong in April of 1951.

Tommy's latter years were once again difficult, as he no doubt suffered from PTSD and battled prob-

lems with alcohol.

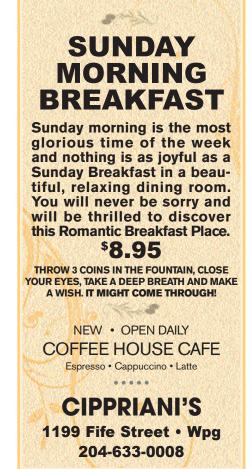
My wife Janice and I enjoy swimming at North Centennial Pool in Winnipeg. When the city finally gets around to putting up the signage, probably next spring, it will be re-named in memory of Tommy Prince. What a shame they could not have managed it in time for Remembrance Day. ■

# Roger Currie is news director of CJNU radio in Winnipeg.

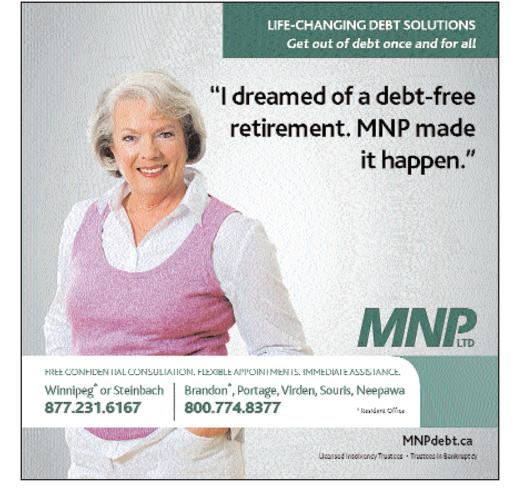
In 2003, he was awarded the Queen's Golden Jubilee Medal in recognition of his writing about Canada's military veterans.

His father, Lieutenant Colonel Andrew Currie, received the Order of the British Empire from King George VI. He died in 1990.













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November 3 - December 5, 2017 • V16N5

**LEAVING A LEGACY -**

# Estate planning for blended families - Shirley Hill, CFP - Executive Financial Consultant, Investors Group

Estate planning for blended families in common-law jurisdictions<sup>1</sup> brings any scenarios - and can be complex. Challenging situations can be avoided by first considering everyone's interest in the structure of your plan.

- O1 A blended family is where some or all of the children are not the natural or adopted children of both spouses or common-law partners.
- **02** A standard will may not be appropriate if you want to ensure that children of both spouses receive part of the combined estates.
- O3 Possible options include spouse or common-law partner trusts, dividing the assets between the spouse and children, and using life insurance to satisfy all beneficiaries.

Blended families are families where some or all of the children in the family are not the natural or adopted children of both spouses (or common-law partners). However, the fact that blended families are becoming common-place in society does not mean that the estate planning process is straightforward for them. Determining how an estate should be structured is more complicated since there are competing interests between the new spouse and any children from a previous relationship. Many blended families do not structure their estate plan properly, with the result in many cases being that one branch of the family receives the entire estate, with the other branch of the family

receiving little or nothing. How can this happen? The main reason is because many individuals don't customize their estate plan properly and attempt to make things 'simple" by placing all their assets in joint ownership with their spouse with a right of survivorship, or designating their spouse as the direct beneficiary of their Registered Retirement Savings Plans (RRSPs), Registered Retirement Income Funds (RRIFs), Tax-Free Savings Accounts (TFSAs) and insurance. The other problem is the use of "standard" wills, which usually indicate that upon the death of the first spouse, everything is to go to the survivor.

Let's look at a case study. In our scenario, Pierre and Melissa are married, each having children from

- a previous relationship. They hold their home and non-registered investments in joint names, and have designated each other as the direct beneficiary of their insurance policies, TFSAs and RRSPs. Here are a few of the possible outcomes:
- If Pierre dies first, then Melissa will inherit everything, regardless of the terms of Pierre's will, since nothing went through his estate. Even if Melissa has a will that indicates that everything is to be divided among her "children" or "issue", Pierre's children will still be disinherited, since those terms would be interpreted to include only natural or adopted children, not step-children. If both Pierre and Melissa's children are to be included in the division of the combined estate upon the death of the surviving spouse, then they need to be listed by name in the will, or otherwise specifically contemplated by including "the issue of my spouse" or other such wording.
- Even if Pierre and Melissa sign wills which specifically contemplate all of their children, if Pierre leaves everything to Melissa, and Melissa remarries, her previous will is rendered void upon re-marriage (except in Québec, or Alberta for marriages that take place after February 1, 2012 and British Columbia for marriages that take place after March 31, 2014). If Melissa does not sign a new will after she remarries, she will effectively die intestate, meaning that all of her assets will go to her new spouse and children only, since the intestate succession legislation does not include step-children (i.e., Pierre's children). Even if Melissa does sign a new will that specifically contemplates Pierre's children, Melissa's new spouse could still have a first claim against a portion (or all) of the estate. In the more common scenario where Melissa fails to specifically include Pierre's children, it is very likely that Pierre's children will not receive any of the state.
- Another possibility is that Melissa could choose to give away her assets to her children or re-write her will. If you want the survivor to

- be bound by the original wills, then you should sign a contract agreeing not to change your wills (or change the ultimate distribution scheme in any later will) after the death of the first spouse. Without an agreement to this effect, it is possible that a court may not agree that the original will is still binding.
- Even if you sign wills that specifically contemplate all of your children, and also sign a contract agreeing not to change your will, there are still a number of ways in which children could be disinherited. One of the most common methods is when individuals decide to do "probate planning" by placing all their assets in joint ownership, or by designating their spouse as the direct beneficiary of their registered investments and insurance policies. So, for example, Melissa could remarry and then structure her affairs so that her new spouse receives everything outside of her estate, effectively leaving nothing in her estate to give to Pierre's children.

From the above, it is evident that the spouse who dies first will not have any control over whether or not their children will receive any part of their estate if they leave everything directly to the survivor. In many cases, the surviving spouse does not choose to disinherit their step-children, but it has still happened inadvertently. If you want to ensure that the children of both spouses will receive part of the combined estates, it may not be appropriate to use standard wills. Here are some possible options.

# (i) Spouse or common-law partner trusts

One strategy that individuals in blended families may want to consider is a spouse or common-law partner trust. If a spouse trust is used, then upon the death of the second spouse, the capital in the trust will be distributed according to the will of the spouse who died first, not according to the will of the survivor. This is because the assets never become the property of the surviving spouse – the assets are the property of the spouse trust, and therefore can be distributed to the

Continued on next page









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# ... blended families ... cont'd from page 4

children of the first spouse after the second spouse dies, even if the second spouse remarries, and even if he or she changes his or her will. However, if the trust is not drafted in accordance with the provisions of the Income Tax Act, there could be a tax liability upon the death of the first spouse, which is why it is crucial that you speak to an experienced estate lawyer if you choose to go this route.

Another way in which the strategy may fail is if all aspects of the estate plan do not work in concert. For example, if you have arranged your affairs so that none, or very few of your assets will pass through your estate, this type of planning will be ineffective. Many couples often hold title to their assets in joint names so that they will pass to the survivor automatically. If the assets pass directly to the surviving spouse, then they will not be subject to the conditions set out in the will. In many blended family scenarios, it may not be recommended that assets be held jointly, or that spouses be named as direct beneficiaries on registered assets (such as RRSPs, RIFs or TFSAs) or insurance policies.

# (ii) Dividing the assets between the spouse and children

However, there are many instances where using a spouse trust may not be recommended or practical. Consider the following:

- If the new spouse is close in age to the children of the previous relationship, it is quite possible that the children will not receive any part of the capital during their lifetime, Since the children will only be entitled to receive the trust capital upon the death of the surviving spouse.
- If you feel that your surviving spouse and children will not be able to co-operate after the time of your death, a spouse trust may not be practical. If your spouse and children are not likely to agree on the degree to which your spouse may encroach upon the capital of the trust, this could lead to protracted arguments, and potentially, litigation.

If the spouse trust mechanism is not feasible for any of the above reasons, then there may be alternatives. One option that may be available to individuals who have significant assets is to leave a portion of their estate directly to their spouse, and leave different assets directly to their children. However, this is sometimes more difficult to do than people realize, primarily due to the fact that a surviving spouse may have rights under various provincial statutes, including the ability to make an application for dependant's relief (or wills variation, if you live in British Columbia) or an application for a division or equalization of family cult to disinherit a spouse, which is why it is important to ensure that your will is properly structured, and to the extent possible, your spouse should waive any rights they may have to challenge the distribution of your estate. This type of planning should not be undertaken without the assistance of a lawyer who has extensive estate planning experience.

One other complication that needs to be considered when assets are left to persons other than the surviving spouse is the tax liability that can arise from that. Generally speaking, when assets are left to surviving spouses, they will "roll over" for tax purposes. However, if assets are left to children from a previous relationship, that could trigger deemed disposition of any unrealized capital gain. In addition, registered investments left to children will usually become taxable immediately (except in very limited circumstances). A tax professional can help you determine the most tax effective method for distributing your assets.

In many cases, the items which are of most importance to children from previous relationships are family mementos and heirlooms. You should not assume that your children will be happy receiving just money from the estate. Sentimental items are often the items that cause the most strife among family members, so you should ask your children if there are any items that they may particularly want in order to prevent disputes and minimize any resentment against your surviving spouse. When items such as photographs, china, jewellery and art are given to a new spouse as opposed to giving them directly to children from the previous relation-ship, this can lead to disappointment, anger, family tensions, and in some cases, litigation. If there are some items that you want your children to have sooner rather than later (for example, personal items from a deceased parent), you should consider giving them to your children before you die, or specifically leaving them to your children in your will.

# (iii) Using life insurance to satisfy all beneficiaries

For individuals who do not have sufficient assets to leave enough to their spouse to satisfy any potential family property or dependant's relief claims, yet still leave enough for their children, it may be simpler to leave your entire estate to your spouse, and instead purchase a life insurance policy for your children. This will help to ensure that each party will receive the desired amount, and will be free to use their inheritance as they see fit. This is usually the most simple and practical solution, and the option most frequently recommended.

Columbia) or an application for a However, caution should be exercised division or equalization of family property. In fact, it is relatively diffihave young children. If your children

are minors, or even young adults, it may not be a good idea to name them as the direct beneficiaries of an insurance policy. This is because the provincial government may have the authority to manage the funds until they reach the age of majority, resulting in unnecessary expense, and then the children will be entitled to the funds when they are potentially still too young to manage them. If your children are young, consider directing the insurance proceeds to an insurance trust, so that a trusted family member can manage the funds and distribute them over a period of time, when the children are mature enough to use the funds appropriately.

One other limitation to this strategy is the fact that as you get older, you run a higher risk of becoming uninsurable, at least at a reasonable price. Review your insurance needs with an insurance professional sooner rather than later, since you cannot take for granted the fact that this option will always be available to you.

As can be seen, estate planning for blended families can become quite complex. Speak to your Consultant to make sure your estate is structured in a manner that considers the interests not only of your new spouse, but your children as well.

If you have any **questions** about

# estate planning for blended

families, I would be happy to help.

# SHIRLEY HILL CFP, RRC Executive Financial Consultant Shirley Hill & Associates Private Wealth Management

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# LIEUTENANT-GOVERNOR RECEIVES FIRST POPPY OF ANNUAL LEGION CAMPAIGN

Lt.-Gov. Janice Filmon was presented with the first poppy of this year's annual Royal Canadian Legion fundraiser on Oct. 19th by Comrade Ronn Anderson, chairman, poppy campaign, Royal Canadian Legion, Manitoba and Northwestern Ontario Command.

The presentation to the lieutenantgovernor set the stage in Manitoba for the Poppy Campaign to get under way officially on Friday, Oct. 27th. The legion's Poppy Campaign always begins on the last Friday of October. The poppy blossoms on the lapels and collars of more than 19 million Canadians.

The poppy is distributed by the legion's branches and the monies collected goes into branch poppy trust funds. These funds can only be used under strict guidelines set up by the Poppy and Remembrance Committee of Dominion Command to improve life for people in the communities where the money is raised.

The poppies are intended to honour the more than 117,000 Canadians who have died in the service of their country throughout the world.

Since 1921, the poppy has stood as the symbol of remembrance, a visual pledge to never forget those Canadians who have fallen in war and military support operations. The poppy also stands internationally as a 'symbol of collective reminiscence', as other countries have also adopted its image to honour those who have paid the ultimate

"Wearing the poppy demonstrates our understanding of Canada's national debt of gratitude owed to all veterans," Lt.-Gov. Filmon said. "I invite all Manitobans to join me in honouring the sacrifices so many have made for us."

Advertising Feature

# **Sick of Waiting & Being Let Down**

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told the driver that she was away from home for such a while and would like to go to the grocery store. The "Go Orderly" Driver/Escort was more than happy to stop at the store; he even came in and helped her with the shopping. At home "Go Orderly" brought in her groceries. She was expecting her daughter to be home but her daughter wasn't there. My friend knew she was not to be left alone so soon after her discharge from the hospital. She told "Go Orderly" about her concerns they offered to provide her in-homecare, it seems that all of the staff are also trained in homecare. They helped her with the washroom and getting around in her home and even put away the groceries. A few hours later her daughter showed up, she was so grateful for the assistance of "Go Orderly".

Since then I have been using "Go Orderly"

to get to my Dialysis appointments, to go to my

Grandson's Graduation and my Granddaughter's Wedding. "Go Orderly's" staff has always been there to help me with my outings. They're always on time and give me the extra care I require. They even accept my transportation vouchers. They do so much more than just pick me up and drop me at the curb.

Now I am the one always talking about 'Go Orderly" and how they have made my life so much easier. They are always on time and come right to my room at my personal care home. I just call them at **204-783-7881**; sometimes my children or my social worker gets a hold of them for me through their website www.goorderly.ca.

"Go Orderly" is there for me 7 days a week, 24 hours a day. Ask them to be there for you too at 204-783-7881. ■

See advertisement on page 3.

Advertising Feature

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easily as it is to buy ..it is just as easy to sell.

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The knowledgeable staff at Collectibles Canada look forward to serving you with all your gold and silver needs as well as Royal Canadian mint products you may be looking for. Drop in to Collectibles Canada today to experience the world of gold and silver!

See advertisement on page 5.

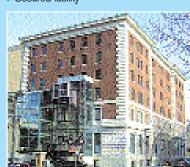
# FRED DOUGLAS

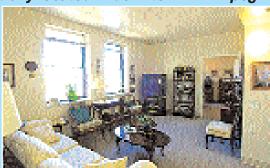
# **Fred Douglas Heritage House**

"One of Winnipeg's **Best Kept Secrets**"

# Supportive Housing centrally located in downtown Winnipeg

- Tenant companions onsite 24/7
- Wheelchair accessible suites
- Nutritious meals prepared daily, in-house Individually temperature controlled suites
- Emergency pull cords
- Daily activities & exercise programs
- Weekly housekeeping & laundry service
- Limited number of low income subsidies
- Access downtown destinations through skywalks, & MORE!
- Secured facility





One bedroom suites at Heritage House are the largest of all Supportive Housing sites in Winnipeg

assessment required to qualify for supportive housing.

# 100 The Promenade

(behind Portage Place)

Take a virtual tour at

www.freddouglassociety.com

For information contact Shauna at

204-949-9027 | E-mail: sgladish@fdl.mb.ca

#### get Senior Scope?

Many of you have been asking where **Senior Scope** is available in south Winnipeg. Although they often fly off the shelves, you can usually still get a copy at the public library or several grocery stores including Co-op at St. Vital Mall (customer service), Sobeys on Dakota at Warde (customer service or on newspaper stand), Extra Foods on St. Anne's at Compark (bottom shelf of stand at customer service), and Sobeys (coffee shop) on St. Annes and Bishop Grandin. If you still have trouble finding a copy, you can read it online anytime at www.seniorscope.com.



# **Research Participants Needed**

For a study on Interactions with Older Adults

Do you provide support or services to tenants in assisted living or retirement residences in Winnipeg?

We would like to hear about your experiences interacting with older adult clients in these settings

What is involved?

We invite you to take part in a focus group with about six other participants, which will take no more than two hours. Light refreshments will be provided. If the date of the focus group is not convenient, we may invite you to participate in a phone interview. All participants will receive a \$20 gift card.

What is the purpose of the research?

This study forms one part of a larger investigation of everyday interactions with older adults living in assisted living and retirement residences. In this portion of the study, we want to learn about the experiences of people working in a community of older adults. Our goal is that the findings will support positive change and influence decision makers.

We will protect the confidentiality of your information. Your decision to participate (or not) will have no effect on your employment.

sciences humaines du Canada

For more information or to participate please contact

Laura Funk (204) 474-6678 Laura.Funk@umanitoba.ca

This research is supported by the Social Sciences and Humanities Research Council of Canada. Social Sciences and Humanities Research Council of Canada Conseil de recherches en



October 20, 2017

# **WORK OF SENIORS ACROSS PROVINCE** ACKNOWLEDGED WITH MANITOBA COUNCIL ON AGING RECOGNITION AWARDS FOR 2017

The Manitoba Council on Aging acknowledged the hard work of seniors across the province with recognition awards on October 20th.

'Seniors and others from across the province are working to strengthen their communities and make life better for all residents," said Health, Seniors and Active Living Minister Kelvin Goertzen. "These awards recognize their contributions and thank them for taking the time to make their communities better places to live.'

The Manitoba Council on Aging is an advisory body to government that strives to ensure seniors' perspectives are shared with government. The Manitoba Council on Aging Recognition Awards were created to recognize the many seniors who are community leaders and to celebrate their contributions. Awards were presented in a ceremony at the Legislative Building.

George Fleury of Minnedosa was the recipient of the prestigious Murray and Muriel Smith Award. Fleury is a lifelong advocate for Métis people, working for positive change in the development of Métis education after overcoming racerelated adversity.

In addition, recognition awards in the 65+ category were presented to:

• Lionel Guerard (Winnipeg) for volunteering with several organizations including the Air Cadet Corps, Toastmasters International,

the Transportation Options Network for Seniors, board member for the Winnipeg Regional Health Authority, Canadian Condominium Institute, Royal Canadian Legion and the Manitoba Association of Parliamentarians.

- Mian Hameed (Winnipeg) as the founder and president of the Manitoba Muslim Seniors Association, he is recognized for his work with Muslim seniors including the development of a new housing project in south Winnipeg.
- June Letkeman (Plum Coulee) for her work with several organizations in her community including the local chamber of commerce, the Plum Fest committee. Prairieview Elevator Museum committee and the Plum Coulee Community Foundation board of directors.
- Guy Lévesque (Ste. Anne) for his volunteer work in the areas of health, sports, education, heritage, financial services, public affairs, humanitarianism, culture, literacy, faith and charity.
- Marjorie MacIver (Lac du Bonnet) for volunteering with projects related to housing, meal programs and seniors transportation.
- Connie Newman (Winnipeg) for volunteering with the University of

Manitoba's Centre on Aging, the Retired Teachers' Association of Manitoba, the Coalition for Healthy Aging in Manitoba committee and the Transportation Options Network for Seniors.

• Corinne Nesbitt (Elkhorn) for volunteer work with the Seniors Access to Independent Living, the Elkhorn Leisure Centre, Trinity United Church, the Elkhorn Manor Health Auxiliary and the Elkhorn Agricultural Society.

"Each of these people volunteer and devote their skills to supporting others and improving their communities," said Dave Schellenberg, chair, Manitoba Council on Aging. "Everyone benefits when seniors take the time to share their expertise and we want to thank these individuals for their hard work in making their communities stronger."

The North Centennial Seniors Association's Grandma and Grandpa Swim Program of Winnipeg received the recognition award in the intergenerational 65+ category. The project pairs seniors with preschoolers from participating local child-care centres for playtime in the indoor pool at the North Centennial Recreation and Leisure Facility. The sessions help children overcome any

fear of water, while also teaching them basic water safety skills.

Honourable mention certificates were awarded to **Alice Alarie** (Winnipeg), Bjorgvin (Beggi) Anderson (Arborg), Lois Armstrong (Winnipeg), Benjamin Arroz (Winnipeg), Keith Bradley (Winnipeg), Patricia Cassie (Winnipeg), Leonard Collier (Virden), Bernice Fedelechuk (Winnipeg), Lynda Jolicoeur (Winnipeg), Barbara Morris (Winnipeg), Lois Patterson (Winnipeg), Roseanne Reichert (Morden), Susan Reimer (Winnipeg), Marielle Rémillard (Winnipeg), Bernice Still (Isabella), Juan Schwersensky (Winnipeg), Elizabeth Towle (MacGregor), John Zacharias (Hamiota). the Grade 3 and Seniors Buddy Program (Hamiota) and Krystal Simpson (Winnipeg).

For more information on seniors and healthy aging, visit www.gov.mb.ca/ seniors.



# Appreciating our Veterans

Submitted by Peter Grogan of Winnipeg (formerly of Teulon, MB)

This is Charlie Hall, he is a veteran of Korea, and other conflicts that he cannot discuss. He was a member of the Argyle and Southern Highlanders, but in this picture is wearing his SAS uniform. Please note the weight of metal on his left breast. A soldier who has "Been there, done that, got the tshirt (medal)." I met him today at Kenaston Walmart, with his poppy tray. I was honoured and privileged to chat with him for 20 minutes and to have this picture taken with him. Oh yea, he's also a Piper.

Charlie..... THANK YOU!!



Peter Grogan, honoured to speak with Veteran Charlie Hall.





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- · Bus service at door · 1 parking stall included
- · Seasonal pool
- Underground parking
- Conveniently located close to bus & shopping On-site management
- Pet-friendly (small dogs
- & cats)







innipeg Goldeyes general manager Andrew Collier has been at the helm of

the local pro baseball team for three American Association Championships.

Troy Fortin, from Lundar, played in the Minnesota Twins organization and then put together three of the best seasons in Goldeyes history.

Faron Asham, from Brandon, just led Team Manitoba to the silver medal at the 2017 Canada Summer Games.

While all three have done much, much more in their careers, those accomplishments alone should get them into the Manitoba Baseball Hall of Fame.

Of course, it has.

Collier, Fortin and Asham will lead a class of seven players, managers and coaches, three teams and two special category inductees into the Hall. The Class of 2018 will officially be inducted on June 2, at the annual dinner and celebration at the Morden Event Access Centre.

The list of individual inductees includes Asham, Collier and Fortin along with players Doug Freeth from

# Collier, Asham, Fortin Lead 10 Inductees into Baseball Hall



Andrew Collier and Reggie Abercrombie at the 2016 championship ceremony

Winnipeg, Trevor Proctor from Woodlands, Jason Mateychuk from Dominion City/Winnipeg and Terry Mayert from Reston. In the major team category, it's the 1999-2008 Brandon Marlins and the 1993-2000 Morden Mohawks and in the Small Community Team category it's the 1974-79 Warren Seniors. In the Special category, the inductees are

umpire Ron Shewchuk and the 1971-74 Carman Goldeyes Juniors. Let's meet the 2018 Inductees (thanks to Baseball Manitoba):

#### Faron Asham (1969---) Brandon

Faron has been on the Baseball Manitoba Executive for the past 16 years. He has been recognized for such honours as Baseball Manitoba 2003 Volunteer of the Year; Provincial, Regional, and National 2004 Aboriginal Coach of the Year; Baseball Manitoba 2004, 2012 and 2017 High Performance Coach of the Year; and 2004 and 2012 Baseball Canada Volunteer of the Year nominee. In 2017 Faron was the Head Coach of Manitoba's Summer Games Team that won the silver medal, the first Canada Games baseball medal awarded to Manitoba since 1985.

#### Andrew Collier (1969---) Winnipeg

Andrew started working for the Winnipeg Goldeyes in 1994 and was named General Manager in December 2001. His skill in guiding the Goldeyes earned him Northern League Executive of the Year awards in 2002, 2004, 2006, 2007, and 2009. He earned similar honors in the American Association in 2014 while also guiding the team to 2012, 2016, and 2017 league championships. The Goldeyes have been named Organization of the Year in their leagues on seven occasions under Andrew's 16 years at the helm.

Continued on next page

- Manitoba Public Insurance

The Manitoba Public Insurance (MPI) Winter Tire Program provides low-interest financing to eligible Manitobans at prime plus two per cent\*, on up to \$2,000 per vehicle. This financing can be used for the purchase of qualifying winter tires and associated costs from participating retailers.

To be eligible for the Winter Tire Program, you must:

- be an individual (not corporate) MPI customer
- purchase qualifying winter tires for a passenger vehicle or light truck (gross vehicle weight under 4541 kg) registered under your name
- have no financing restrictions or arrears on your MPI account

Customers financing eligible winter tires may also receive financing on associated costs including:

- rims
- Tire Pressure Monitoring System
- ullet addition of studs to tires (some limitations apply)
- mounting and balancing
- storage costs (if paid during initial purchase)
- switchover costs (if paid during initial purchase)

- wheel alignment
- nitrogen fill • valve stems
- shop supplies
- applicable taxes and fees

This symbol must be on tires to qualify

Eligible products and services financed for the same eligible vehicle can be made from multiple retailers. The following are not eligible for

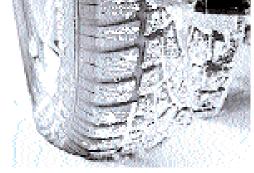
financing: repair of tires

- maintenance/storage of tires between seasons unless included as part of the initial cost
- switchover cost of changing between all-season and winter tires after the initial purchase/installation unless included as part of the initial cost

Determine your eligibility for the program, then visit a participating retailer and select your tires. The retailer will confirm your eligibility and complete the loan authorization. The retailer will fax your signed application to your Autopac agent.

You do not have to visit an Autopac agent or Service Centre, however, if your payments are being made by someone other than yourself, the account holder for the method of payment (Visa, MasterCard or debit account) must visit the Autopac agent to sign the Preauthorized Payment Agreement.

Once your Autopac agent processes your application, you will be mailed a monthly payment schedule and a copy of the form you signed with the retailer.



For more information, visit https://www.mpi.mb.ca (Search: Winter Tire Program) In Winnipeg: 204-985-7000 Toll Free: 1-800-665-2410

# PROVINCE REMINDS DRIVERS OF WINTER DRIVING CONDITIONS AS WEATHER STATEMENT IS ISSUED

Manitoba Infrastructure reminds motorists that snow-clearing equipment will be on highways if and when adverse weather conditions develop.

With a special weather statement having been issued for areas of the province, drivers are reminded all maintenance equipment uses flashing blue warning lights and motorists should stay well back of the equipment. Slow down when passing approaching snowplows and do not attempt to pass a plow in operation from behind.

Whether on a highway or in a community, the posted speed limit is intended for ideal road and weather conditions. In bad weather or on slippery highways, motorists are requested to slow down and drive according to the conditions.

For the most recent information on road conditions or highway safety, visit www.manitoba511.ca, call **511** or follow the Twitter account for road closures at www.twitter.com/ MBGovRoads. A free Manitoba 511 app is now available for download from the Manitoba Residents Portal at http://residents.gov.mb.ca/apps/ 511.html.



# Baseball Hall Inductees, cont'd from page 8



**Faron Asham** 

#### Troy Fortin (1975---) Lundar

Troy was drafted as a catcher in 1993 by the Minnesota Twins and rose through the Twins minor league system from the Rookie classification to AA from 1993-98. He asked for his release from the Twins to sign with the Winnipeg Goldeyes in '98. His offensive and defensive talents were on full display for local fans to admire until retirement in 2000. Troy batted .332 with a .940 OPS while committing only 5 errors in almost three full seasons as a Goldeye. In 1999 Troy also played for Team Canada in the Pan Am Games in Winnipeg winning a Bronze Medal.

#### Doug Freeth (1954---) Winnipeg

Doug Freeth was a hard throwing strikeout starting pitcher who dominated the Manitoba Junior Baseball League from 1969-72 with the St. Boniface Legionnaires Juniors. Pitching for Manitoba in 1973 at the Canada Summer Games in Burnaby BC he threw 15 innings of shutout ball including a nine inning 1-0 victory against New Brunswick. He pitched professionally in the Rookie League for the Edmonton Trappers in 1974.

#### Jason Mateychuk (1971---) Dominion City

Jason has posted an extensive resume as a player, coach, and builder for the great sport of baseball in Manitoba. He had an outstanding junior career from 1987-92 with the Elmwood Giants and excelled as a pitcher, first baseman, and power hitter. Jason had a four-year career at Mayville State and was All-conference in 1993. His still active coaching career involves success at all levels from Grass Roots & High Performance to Junior, Senior, and Provincial teams.

# Terry Mayert (1957---) Reston

Terry spent most of his career with the Reston Rockets where he won league top pitcher and MVP awards along with 13 all-star selections as an outfielder or pitcher from 1979-98. He made numerous appearances at Provincials with South West teams and attended three Western Canadians including a 1983 championship title.

# Trevor Proctor (1969---) Woodlands

Trevor was an outstanding player at all levels from the 1986 Midget Western and Canadian championships to nine Senior Western and Canadian Nationals while winning three silver and one gold. As an 18-year-old pickup, he hit .571 at the 1988 Senior Western Canadians in Kamloops, BC. He had a lengthy and successful career in the Redboine Senior League and with the Stonewall Blue Jays of the WSBL.



Troy Fortin's baseball card

# Major Team: Brandon Marlins (1999-2008)

The Brandon Marlins entered the MSBL in 1995 under the coaching of the late Neil Andrews to keep the league viable as it was down to three senior teams. After some growing pains the Marlins won their first league championship and provincial title in 1999. The Marlins repeated as champions in 2001 and continued their success with league and provincial titles in 2003, 2005, and 2008.

# Major Team: Morden Mohawks (1993-2000)

The Mohawks won the Border League championship for 11 consecutive seasons and for 13 of 14 years beginning in 1987. In 1994 they went a perfect 24-0 in regular schedule and league playoffs which earned them the Manitoba Baseball Team of the Year. Mohawk players competed with the A team at the Western Canadian Championships in 1993, 1994, and 1997.

# Small Community Team: Warren Seniors (1974-1979)

Warren played in the Interlake Baseball League which consisted of 10 teams from 1968 -79 winning championships in 1970, 1974, 1975, 1976, and 1979. Warren also played in many tournaments for several years highlighted in 1976 by winning the Holland tournament over the Carman Goldeyes.

#### Special Category Umpire: Ron Shewchuk (1959---) Minnedosa

Shewchuk has been involved in the umpiring programs of Manitoba, Baseball Canada, and international baseball for the past 35 years. On the field, Ron has umpired over 50 Provincial, MSBL, and Western Canadian championships and 900 professional games.

# Special Category Team: Carman Goldeyes Juniors 1971-74

The Carman Goldeyes completely dominated Junior baseball in Manitoba from 1971-74 as they captured MJBL and Provincial titles in all four years. Several players have already been inducted into the Manitoba Baseball Hall of Fame as individuals and/or with senior teams.



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Not must back by December 8, 2017. Others are subject to availability. Reservation required. Others with an new properties only. Mess. Spirit offers a wild or new properties of the SV Reservations between Landary 1, 4016. Household Note that the subject of the SV Reservation Reserv

# BEASANTA TO A SENSOR Lost year A & O: SUPPORT SERVICES FOR OLDER ADULTS, in purtnership with HOME INSTEAD SEXNOR CARE, brightened the holiday season for 1,355 older adults. Now in its 10th year, BE A SANTA TO A SENIOR continues to spread holiday cheer! WE NEED YOUR HELP! To purduse a \$25 gift for an older adult or to make a monetary donation toward a gift, please call 204.956.6440 or email SANTA@AOSUPPORTSERVICES.CA

# Be a Santa to a Senior - 10 Years serving Winnipeg

A & O Be a Santa to a Senior, now in its 10th year in Winnipeg, delivers gifts to socially isolated/in-need older adults who might not otherwise receive a gift during the holiday season. Last holiday season, A & O: Support Services for Older Adults, in partnership with Home Instead Senior Care, delivered 1,355 to Winnipeg's socially isolated and/or in need older adults.

#### How Be a Santa to a Senior Works

A & O works with Home Instead Senior Care and various community groups to identify socially isolated/in-need older adults who might not otherwise receive gifts this holiday season. These older adults make their requests. A & O then works with community donors and volunteers to help facilitate the purchase and distribution of requested gifts. Each older adult's gift request (maximum \$25) is written on a *Be a Santa to a Senior* tree ornament.

# Brighten the holidays for Winnipeg's Socially Isolated Older Adults. Here's how:

1. Ornaments with the gift wish of an older adult living in Winnipeg are available through A & O:

Support Services for Older Adults Central office at **200-280 Smith Street.** 

- 2. Purchase, wrap and return the gift by Friday, December 2, 2017 NOTE: It is very important that the gift be accompanied with the gift request ornament the code on the ornament ensures each participant gets the gift he or she requested).
- 3. The gift will then be delivered by A & O staff and volunteers!

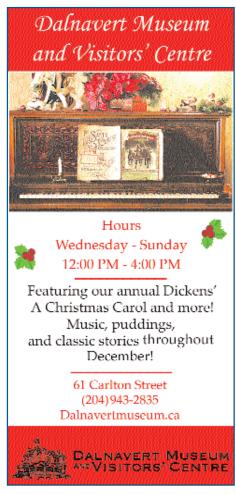
Some gift list ideas are: Hand/body lotion, Toiletry items, Towels (Bath/Kitchen), Soft Lap Blanket, Socks, Hat/Scarf/Gloves, Slippers, Robe, Sweater, Book (specify author/title), Music/CDs (specify musician/title), Pajamas, Word Search (large print), Jigsaw Puzzle (large pieces), Adult Colouring Book, Pens/Stationary/Stamps, Picture frame, Photo Album, Magnifier, Playing Cards (large print) Reading Glasses, etc.

To get involved please contact:
A & O: Support Services for Older Adults at
204-956-6440 or santa@aosupportservices.ca

# Travel | Leisure | Activities

Have an event or tourist destination? Advertise it here at a reduced price. Share the space, share the cost. Call 204-467-9000 or email kelly\_goodman@shaw.ca for details.













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Red - White & Blue Get-A-Ways

# Things To Do

# **IN WINNIPEG**

# CHRISTMAS MARKETS LUNCHEONS CRAFT/BAKE SALES

St George's Anglican (Transcona) -Annual Christmas Bazaar, Craft & Bake Sale (with lunch bar), Sat. Nov. 25, 10 am-2 pm at the <u>Transcona Memorial United</u> <u>Church, 209 Yale Ave. W</u>, on behalf of St. George's Anglican Parish, 321 Pandora Ave. W., **204-222-1942.** 

www.stgeo321@gmail.com

**St. Josaphat Selo-Villa -** Craft & Bake Sale, Wed. Nov. 29, 10 am-7 pm, at 114 McGregor St. Info, Jackie: **204-586-8960** 

**Kirkfield Park United Church -**Christmas Luncheon & Bake Sale, Sat.
Nov. 18, 11:30-1:30 pm, at 472 Kirkfield
St. Sandwiches, salads, dainties . Tickets
\$10 at door.

The Scandinavian Cultural Centre - Annual Christmas Market & Café, Sun. Nov. 19, 11 am-2:30 pm, at 764 Erin St. Featuring imported Scandinavian foods and candy, home baking, hand crafted items, assorted gift items for family and pets. Free adm. Wheelchair accessible. Info: www.scandinaviancentre.ca or 204-774-8047 (leave msg).

**St. Andrews Church -** Craft and Vendor Sale, Sat. Dec. 9, 9 am-3 pm, in Parish Hall, 2700 Portage Ave. Adm. Adults \$2, Under 10 Free. Table rentals available. Call Theresa Nicol: **204-809-2376**.

Parkside Social Club - Large Bazaar, Sat. Nov. 18, 10 am-1 pm, at Parkside Plaza, Rm 103, 1630 Henderson Hwy. Home Baking, Gently used items table, Crafts, Silent Auction, 50/50 Draw. Hotdogs, Drinks & Coffee will be available

Crestview United Church - Hosting concert with REWIND, an 8 piece live band that plays music from 50's, 60's and 70's, Sat. Nov. 18, 7 pm, at Sturgeon Creek United Church, 207 Thompson Dr. Tickets \$20, avail from Kathy: 204-888-9170

**The United Church Women of McClure -** Christmas Craft & Bake Sale,
Sat. Nov. 25, 10 am-1 pm, at 533
Greenwood Place. Free admission.

**Harrow United Church -** Hosting a Market, Sat. Nov. 25, 11 am-2 pm, at the Harrow UCW, 955 Mulvey Ave. Christmas items, crafts & books. Also warm cinnamon buns and hot soups avail. to purchase for lunch. Come find the perfect gift.

**St. Andrews Church Day Brunch -** Sat. Nov. 18, 8:30-10:30 am. Adults \$10, 5-12-\$5, under 5 free. Tickets avail. in church office **204-832-0117** or from Jim: **204-897-0697** 

Kildonan United Church - Luncheon and Bazaar, Sat. Nov. 18, 11 am-2 pm, 187 Kilbride Ave. Lower Hall has deli table, bake table, crafts, White Elephant table and many other items. Upper Hall has lunch available. 204-334-7022

**Delmar Seniors Craft and Bake Sale -** Nov. 18, 9 am-3 pm, 2nd floor, Recreation Room, 100 Adamar Road. Lunch \$5, 11 am while quantities last. Silent Auction, White Elephant. All welcome.

**St. Michael's Parish -** Christmas Bake Sale & Luncheon, Sat. Nov. 25, 11 am-2 pm, at 400 Day Street, Transcona. Perogies, Cabbage Rolls, Perishke & Bakings for sale. Silent Auction draw at 1 pm. Free adm. All welcome.

**Royal Canadian Legion Ladies Auxiliary** #4 - Christmas Luncheon, Sun. Nov. 19, 12:30-2:30 pm at the St. James Legion, 1755 Portage Ave. Elevator available. Prize Draws. Tickets \$8, 10 & under: \$3, available from auxiliary members or at door.

# **MISC EVENTS**

The Manitoba Coin Club - meets 4th Wed. each mo. (except Dec, July & Aug), 7:00 pm (1-1/2 hrs approx.), at the Fort Rouge Leisure Centre, 625 Osborne. Frequently there is a Coin auction. Call Barré W. Hall: 204-296-6498

#### Red River Coin & Stamp Shows -

2nd Sunday ea. month except July & Aug., 10 am-4 pm, at the Charterhouse Hotel. Free adm. All welcome. Coins, Bank Notes, tokens, bullion, Canadian and Foreign, Buy or sell. Come with paper, leave with Gold. Call Andy Zook: 204-482-6366

Harrow United Church - Rev. Bob Galston leads us in study: The Gospels, Sat. mornings, 10 am, Oct. 14-Nov. 18. Grief Support Series, 6 Thursdays, 7-9 pm, Nov. 2-Dec. 14. (except Nov. 23), led by Rev. Linda Churchill. Max 8 participants. Cost \$60 per. To register: 204-284-0079 or secretary@harrowunited.ca

Forum Art Fair - 120 Eugenie St.
New Original Art, Upcycled Art (previously loved), handmade Crafted Arts, Basement Clearance Art, books, frames & more!
Nov. 30-Dec. 3. Thur. 4-9, Fri. 6-9, Sat. 10-4, Sun. 12-4. Kids can get their Caricature drawn by Wpg. Artist Tom Andrich, Thur. 7-9. Free adm, 50/50 raffle, door prizes, free pkg, wheelchair access. Give the Gift of Art Classes, - registration starts Nov. 11, Open House Dec.14, 1-4 pm for winter classes starting Jan. 8. 204-235-1069 or www.forumartcentre.com

Winnipeg Public Library - To view library programs, many which are free, visit http://wpl.winnipeg.ca to view the newsletter by clicking on the 'At The Library Newsletter' link under 'What's Happening' along the left side of the home page. View the calendar under this link as well.

Trip to Israel - Tour to The Land of Promise in 2018 and celebrate Israel's 70th Year.
Great value price out of Winnipeg. For info contact Ken: 204-9425433, visit website www.TolsraelWithLove.com or e-mail k4mcghie@gmail.com

#### **MUSIC**

Harrow United Church - sponsoring a musical afternoon with the Sill-i-Tones, a group playing traditional Scandinavian tunes, Wed. Dec. 6, 1:30 pm, at Temple Shalom, 1077 Grant Ave. All welcome, especially 55+. Free adm. and refreshments.

contacti

Village Green Morris Men's BIG SHOW - Sat. Nov. 18, 7:30, Crescent, Ft. Rouge United Church. \$12, \$10 senior, \$5 kids over 5, tickets at door. An evening of old English Morris Dancing, with guests/musicians Susan & Paul Hammer and a new mummers play entitled "Snow White and the Seven Morris Men."

Middlechuch Personal Care Home -Volunteers needed to visit residents, assist in the rehab dept., hair salon and with the pet therapy program. Call: 204-336-4138

Camerata Nova vocal group - Snow Angel, Nov. 25 & 26, Cres. Fort Rouge United Church. 204-918-4547, www.cameratanova.com

La chorale des Intrépides - Recruiting French Speaking Choral Singers to share their talent or simply to sing. Practices Thursdays, 7-9:30 pm, at Collège Louis Riel, 585 St-Jean-Baptiste St. If interested: intrepides.manitoba@gmail.com

Winnipeg Male Chorus - join them for the upcoming season to sing classical, pop, religious, folk and show tunes at Personal Care homes, Senior Citizen's homes and Charity groups throughout MB. Two concerts a year. Rehearsals begin Sept. 11. Email: h.bergen@mymts.net or chunruh@shaw.ca.

Westminster Concert Organ Series -Sun. Nov. 12, 2:30 pm, Westminster United Church, Westminster at Maryland, presenting Joshua Stafford, winner of the Longwood Gardens Organ Competition from New York. 204-784-1330, www.westminsterchurch.org

Seniors' Choral Society - New members invited especially tenors and basses. Practice Mondays, 10 am-12 noon at McClure Place, 533 Greenwood Place. No auditions. We are an SATB Choir with a challenging repertoire. Concerts held in spring and several weeks before Christmas. Also, prior to Annual Concert, will perform at local seniors complexes and PCH's. Info: Gerda or John: 204-669-5570 or www.seniorschoralsociety.ca

# **SPORTS/FITNESS/GAMES**

Senior Scope • 204-467-9000 • kelly\_goodman@shaw.ca

Pembina Oldtimers Curling Club - 1341 Pembina Hwy. Two games/wk - Mon., Wed., or Fri. @ 1 pm. Fee \$200 for 40 games. Call Bob: 204-261-3033 or Herman: 204-253-7633,

www.pembinaoldtimerscurling.com

**Wildewood Senior Men's Curling -** New curlers and spares are invited to join us every Mon. and Wed., 1-3 pm at Granite Curling Club. For info and applications: Charlie **204-269-7998**.

Deer Lodge Wednesday Ladies Curling - Wednesdays, 1 pm, at Deer Lodge. New curlers, intermediate curlers and Skips needed for our League. Full- or part-time or 1/2 year spots avail. and a Spare List too. 204-837-6679 or pthgehb@yahoo.ca

Tuesday Ladies Who Bowl - New ladies 10 pin bowling league at La Verendrye Bowling Lanes in St. Boniface starting Tues. Oct. 10 and weekly thereafter until end of April. All ages and levels of play invited. Contact: Lynne Ducharme 204-231-0279 or Iducharm@live.ca

Manitoba Provincial Rifle Assoc. (MPRA) - The MPRA Senior's Air Gun program, Wednesdays, 11 am, at the indoor air gun range at 711 Leola St. Rifles and Pistols are supplied. Our range is one of the best in North America with "State of the Art" electronic targets (SIUS). This is a sport that can be enjoyed your whole life. Gord: 204-415-7919 or 204-771-1987

**Gwen Secter Creative Living Centre** (1588 Main) Looking for Bridge Players, Tuesdays, 1-3 pm. **204-339-1701** 

Deer Lodge Community Centre - Yoga with Doreen Wuckert, Certified Yoga Instructor. Mondays, Sept. 11-Dec. 4 (12 classes), at 323 Bruce Ave. E. \$8 per class for registered, \$10 per class for Drop In. To register, call Doreen: 204-837-9613 or email dwuckert@shaw.ca

# **VOLUNTEERING**

Caregiving with Confidence (formerly Rupert's Land Caregiver Services) - Volunteer drivers needed to take clients in SW Wpg. for appt's, shopping, etc. Compensation for gas/pkg provided. Male Respite Volunteers needed Tue. afternoons for Caregivers Program in W. Kildonan. Call 204-452-9491 (non-profit)

Deer Lodge Centre, 2109 Portage Ave -Volunteers needed for daytime recreation programs, physiotherapy dept., cafeteria, coffee program, PRIME and Get-a-way community programs, daytime medical escorts (no driving required). Joy: 204-831-2912 or email:

jtanchuk@deerlodge.mb.ca

Misericordia Health Centre - Volunteers needed for reg. fall shifts in Gift Shop - Call 204-788-8134, and to escort and stay with residents while attending spiritual services inside the same building, Thur. or Fri.'s, 10-11:30 am. Call 204-788-8132, or online at www.misericordia.mb.ca/volunteer or apply in person. Free parking provided.

**South Winnipeg Seniors Resource** - Seeking Meal Program Volunteer Assistant, Mon., Wed. & Fri. 11 am-1:45 pm, at Delta Manor, 100 Adamar Rd. Call Samantha **204-478-6169**.

Victoria Lifeline Home Service Representative - Volunteers needed to explain and set up the Lifeline equipment in people's homes in Wpg. Must have car, mileage reimbursed. Melissa: 204-956-6773 or email msitter@vgh.mb.ca

**Meals on Wheels** - If you got the wheels, we got the meals! We are looking for volunteers in the following areas: Downtown, Point Douglas, Seven Oaks and Transcona. Drivers receive an honorarium. **204**-**956-7711** or **www.mealswinnipeg.com** 

Kildonan MCC Thrift Shop - Volunteer in a professional environment and have fun! Located at 445 Chalmers Ave. Call or email: meaganvarndell.kmts@gmail.com and 204-668-0967

**The Bereavement Care Program of Concordia Hospital -** seeking Grief Support Volunteers to provide telephone

grief support to family members of people who have died at the Hospital. Ideal for a person with a health care, ministry or counseling background. Flexible 4 hrs/wk. Work from home. Bob Milks: 204-661-7402, bmilks@concordiahospital.mb.ca

Manitoba Institute for Patient Safety -Volunteer opportunities. Visit mips.ca 'About Us' to learn about our Volunteer Program. admin@mips.ca or 204-927-6477.

**Southeast Personal Care Home -** volunteers needed to assist with recreation programs at 1265 Lee Blvd - days, eve's, wknd's. Call **204-269-7111** Ext. 2225

Vista Park Lodge Personal Care
Home in St. Vital - Volunteers needed.
Contact: Caitlin Liewicki:

cliewicki@extendicare.com

**HSC Winnipeg -** Volunteers welcome in patient and support areas, 7 days a week. Free parking or bus tickets. Call **204-787-3533** or email: **volunteer@hsc.mb.ca** 

South Winnipeg Seniors Resource Council - Volunteers needed for Meal Program in Osborne Village 2-6 hrs/wk. Call 204-478-6169 or email swsrc@mymts.net

Parkview Place, Long Term Care by Southeast Personal Care Home - is looking for volunteers during the day, evening or the westerned to excite with the representation.

or the weekend to assist with the recreation programs. Call **204-269-7111 ext. 2247** 

### PROGRAMS/SERVICES

Pembina Active Living (PAL) 55+ - Fall classes continue. Drop-in activities: men's breakfast, PinPALs (bowling), bridge, movies, LunchPALS. Special events: Computer class "Photo download" - Thur. Nov. 16, 1 pm; Wellness series - Thur. Nov. 23, 1 pm; Still Bloomin' Gardening Club - Thur. Nov. 30, 1 pm; Holiday party and winter classes registration – Thur. Dec. 7. Info: www.pal55plus.com, email office@pal55plus.com or 204-946-0839

Manitoba Christian Writer's Assoc.
Group - Writers of all levels welcome for education, encouragement and fellowship.
Meetings Saturdays, Jan. 10, Feb. 3, Mar. 3, Apr. 7, May 5, Jun 2/18, 1:30-4 pm, at Bleak House Centre, 1637 Main St., across from Burger King and Mohawk Gas. Annual membership fee \$25. Drop-in \$3. MCWA contact: Frieda 204-256-3642 or Bev 204-326-7286

Bleak House Senior Centre - 1637 Main St. - Mon. 1 pm whist, Tue. 10 am coffee and conversation, 11.45 am Lunch, 1 pm Bingo - Ceramics Thur. 1 pm Cribbage, Friday 12:30 pm Quilting. Info: 204-338-4723

Golden Rule Seniors - Fort Rouge Leisure Centre, 625 Osborne St. Mon. Bingo 1 pm. Tues. Bridge 2 pm. Thurs. Singalong 10 am. Floor shuffleboard 1 pm. Bridge 1 pm. Fri. China painters 10 am. Carpet bowling 1 pm. Wanted Cribbage players for Wed. 1 pm. Call Terry: 204-453-1085

Manor Adult Day Cub - 320 Sherbrook St. We are a pacesetters adult day program for seniors who live in the community who have mild Alzheimers/Dementia. Tues-Fri. Referrals made through WRHA. 204-784-1378

Gwen Secter Creative Living Centre - (1588 Main St.) Shuttle Bus runs Wed. mornings for \$15 from the north end and \$15 from the South End (members). Transportation from Seven Oaks, Garden City, West Kildonan, Maples & South End. Get lunch, bingo, entertainment, refreshments & transportation home. 204-339-1701

Archwood 55 - Join us for yoga, fitness classes, line dancing, or art instruction. Drop in for a board game, pickleball, floor curling or billiards. Visit our website for a list of luncheons, social activities, informational sessions and bus trips. 565 Guilbault St. Office hrs: Mon-Fri, 9 am-3 pm. 204-416-1067 or archwood55mail@gmail.com www.archwood55plusinc.weebly.com

Brooklands Active Living Centre -Zumba Gold, Aqua-fit, Line Dancing, Floor Curling. Drop-in fees avail. Bingo Mondays, 1 pm. #License LGA 1143-B1. FREE Games. 204-632-8367

Continued on page 12

# Things To Do

# IN WINNIPEG, cont'd from page 11

Charleswood Adult Day Program -Social Day Program for seniors Transportation and hot lunch provided. Members \$8.85/day. Referrals made through WRHA. 204-889-4608 or call your Case Coordinator

Prendergast Seniors Club - 906 Cottonwood Rd. Rm.20 - Crib Mon. & Wed., 1-3:30 pm; Whist Thurs., 1-3:30 pm; Mon. luncheons 4th Wed., 12-1 pm. All welcome. Call Joe/Mary: 204-254-8390

Ukrainian Cdn Veterans Br # 141 Dance to a live band every Sat., 1-4:30
pm. Adm. Includes lite lunch. Chase the
Ace Draw ea. Sat. Tickets on sale 3:304:25 pm. Draw 4:30 pm. Also 60/40 draw.
Call 204-589-6315 ext 103 for future
events and information.

**Seine River Seniors -** at Southdale CC. Bridge, Indoor/Outdoor Walking, Creative Writing, Games, Canasta, Monthly Birthday Lunches, Trips to South Beach, Bingo at the Downs, Celebrations Matinees, Floral Arranging, Health Workshops, A Trolley City Tour, A Walkabout in the Exchange, and visit to PineRidge Hollow. Call **204-253-4599** 

Fraternal Order of Eagles - 3459
Pembina Hwy. Cribbage Tues. 1 pm. \$100
for a 28 or better hand. Free Coffee; Wed.
Bingo, doors open 11:30 am, games 12:55
pm; Sun. Bingo, doors open 5:30, games
6:30 pm. 204-269-4332 after 4:30 Mon-Fri.

The Friends of Library Book Club Seeks new members. Meet 3rd Tue. ea mo
at 10:15 am on 2nd Floor of Millennium
Library. Books chosen are available through
the library. Membership is free. Call: 204452-3369 or 204-254-6697 for info.

Lion's Place Adult Day Program - Social day program for seniors. Transportation & hot lunch provided. Members \$8.75/day. Call **784-1229**. Referrals made through WRHA at **788-8330**, or call Case Coord.

The PROBUS Club of Winnipeg - is a group for the retired or semi-retired. Info: 204-489-2882, or winnipegprobus85@gmail.com

Dakota 55+ Lazers Senior Centre -Various programs: Cribbage, line dancing, floor curling, quilting, fitness programs, etc. Call: 204-254-1010 ext. 206. WHIST, Wednesdays, 12:30 pm, contact Bob or Fran: 204-257-3172. Jonathan Toews Centre, 1188 Dakota St.

**The St. James-Assiniboia 55+ Centre -** 3-203 Duffield St. The Centre offers a variety of different programs and services to adults 55+. Visit **www.stjasc.com** to view programs and services. **204-987-8850** 

**55+ Men's Club -** meets Wed. & Thur. afternoons, 1-4 pm, at 3172 Portage Ave. Various activities: art and hobby classes or just enjoy a cup of coffee. **204-987-8850** 

Fort Garry Legion - Hard Card Bingo - Tues. 1:15, Paper Bingo, Fri. eve, Early Bird 7:15 pm, and Sat., Hard Card and Ladies Auxiliary Lucky Star. All Welcome. Kitchen open for Lunch. 1125 Pembina Hwy.

**St. Chad's Anglican Church -** Services at 472 Kirkfield St. Service of Holy Eucharist and Sunday School, Sunday at 9 am. Fellowship with tea and coffee after service.

McBeth House Centre - 55+: Tues.: Quilting, 9-2 pm; cribbage; Thur.: porcelain painters, etc., 10-2 pm; Fri.: whist, 7-10 pm; Sat.: bridge, 1-4 pm. Bridge players needed: 204-334-0432. House avail. for rental.

The Friendly Settlers Senior Citizens Club - 400 Day St. (Transcona), Meet Mondays, 10 am for cribbage, lunch and bingo. Special events /group trips offered. 204-222-7504 or ganyadel4@mymts.net

**Senior Achievers -** Meet 3rd Thur. 1-3 pm at 406 MacGregor St. Bingo, 50/50, meat draws, door prizes, coffee. Call Pat: **204-414-5360** for more info.

Vital Seniors - Monthly Book Club: 204-257-4014, Monthly Board Games: 204-261-8236, Bridge: 204-256-3832, Carpet Bowling: 204-452-2230, Line Dancing: 204-334-3559, Exercise Class: 204-253-0555 (Judy), Monthly Luncheon: 204-255-7508, Scrabble: 204-257-4014, St. Mary Magdalene Church, 3 St. Vital Rd.

Elmwood-East Kildonan Active Living Centre - 180 Poplar @ Brazier in Elmwood. Membership \$15/yr. Wood shop, Floor Curling, Scrapbooking, Darts, Carpet Bowling and other activities. Call 204-669-0750 or 204-890-3282

Norberry-Glenlee CC - Programs for seniors. Play Pickleball at 26 Molgat Ave., St. Vital. Call **256-6654** 

Fibromyalgia Support Group of Winnipeg - For info: 204-975-3037

**Dufferin Senior Citizen Inc.** - 377 Dufferin Ave. Mon: shuffleboard 9:45 am, Bingo 1 pm; Wed noon: soup and perogy lunch. All welcome. Perogies for sale. Every 2nd Sat: noon-3:30 pm dance with a 4-piece band (full lunch). 204-986-2608

The Salvation Army Barbara Mitchell Family Resource Centre - Seniors 55+, 51 Morrow Ave, St.Vital. Tues S.T.A.R.S. 9:30-11:30 am, FREE Tea/Coffee, Snacks, Games, Outings. Wed. 10 am-noon FREE Steppin' Up Exercise Class. Thur. 10 am-noon FREE Pickle Ball. 204-990-2339

**Weston Seniors Club -** Programs: computer training, cooking, guest speakers, presentation, luncheons, etc. Meet Tuesdays at 1625 Logan. **204-774-3085** 

Assiniboia Wood Carvers Association - Woodcarving every Fri. 1-3 pm at Valour CC-Clifton Site, 1315 Strathcona St. Call Mel: 204-661-2213 or Wayne: 204-783-7340

Le Conseil des francophones 55+ ensures the accessibility and availability of
French-language services and support
programs for the French-speaking population
55 years and up living in Wpg. French only:
Tai Chi Chih, light Yoga, Line dancing and
Pickleball. 204-793-1054, 107-400
Des Meurons St., St-Boniface, Wpg.,
conseil55@fafm.mb.ca

Mensheds Manitoba Inc. - peer run program by men for men at Woodhaven Community Club, 200 Glendale Blvd, Woodhaven in St James, Tue. and Wed. afternoons, 1-4 pm. Call Doug: 204-832-0629 or 804-5165

High Steppers Seniors Social Club -We meet Wednesdays & Thursdays for fun and activities. New members and volunteers welcome. Winakwa Community Centre, 980 Winakwa Rd. 204-619-8477

Email ready-to-print electronic PSAs to: kelly\_goodman@shaw.ca. FREE for non-profits and current advertisers. Include duration for listing to run.

# Things To Do

East St. Paul 55+ Activity Centre - (262 Hoddinott, behind curling club) - Floral Workshop: Dec. 11, 1:30, \$18 (Christmas Floral Arrangements). Supplies provided. Take home your arrangement. 204-654-3082 (msg).

La Broquerie - Seine River Services for Seniors - Fundraiser: Meat Pies for Sale: Pork and Beef. \$12-9" pie, \$6-6" pie. Deadline to order is Nov. 18. Contact Juliette Rowan: 204-424-5285

La Broquerie - Services Rivière Seine pour aînés - Tourtière à vendre, Levée de fonds pour les Services Rivière Seine pour aînés. Demi porc et demi bœuf, 12\$ pour un tourtière de 9 pouces et \$6 pour un tourtière de 6 pouces. Date limite pour commander : le 18 novembre. Contact(ez) : Juliette Rowan au 204-424-5285

<u>Selkirk</u> - Gordon Howard Centre -Traditional Christmas Dinner, Fri. Dec. 8, 1 pm, at Gordon Howard Centre, Banquet Hall, 384 Eveline St. Tickets \$15 for members, \$17 for non-members. Call 204-785-2092 or info@gordonhoward.ca

<u>Selkirk</u> - Fung Loy Kok Institute of Taoism - 2017 Tai Chi Fall Registration Beginner Classes. Tues:s 6 pm, Thur:s & Sat:s 9 am, Gordon Howard Centre, 384 Eveline St. Call **204-785-2332**. Reg. Charitable Org. #11893 4371 RR0001.

Stonewall - South Interlake 55 Plus - Oddfellows Hall, 374-1st Street W. Events: Luncheon, Nov. 8, 12 pm. \$10 at door, full hot meal w/dessert; Prairie Wildlife Presentation, Tue. Nov. 14, 1 pm. Silver Collection; Amateur Wine Tasting Evening, Fri. Nov. 17, 7 pm. Advance tickets only - \$20 avail. at 55 Plus or Korner Kuts; Quarry Choristers Caroling Evening, Thur. Dec. 7, 7:30 pm. All welcome. Bring a tin or Silver Collection for Stonewall Christmas Cheer Board; Annual Christmas Dinner, Wed. Dec. 13, 11:30 am, Advance tickets only - \$20 ea., entertainment by Bambi & Friends. For info: 204-467-2582 or www.si55plus.org.

Stonewall - South Interlake 55 Plus - Oddfellows Hall, 374-1st Street W. Events: Line Dance Classes, Tuesdays 11:15 am, Thursdays 11 am. \$2/class plus yearly SI 55 Plus membership. Call 204-467-2582

<u>Victoria Beach</u> Seniors - Stay healthy and active indoors at the Victoria Beach Community Centre: Curling season starts mid-October. Many volunteer opportunities. For info: email Margaret at mmurrayhaddad@gmail.com

#### **VOLUNTEER**

Emerson-Franklin Senior Services -Volunteers needed: Congregate Meal Program, Handi-van drivers, Medical drivers, Friendly visits and safety checks. Call Lorri: 204-427-2869

<u>Ritchot</u> Senior Services - (serving seniors 50+ in the RM of Ritchot and Lorette) - Need people to be on our list of available drivers, friendly visitors, housekeepers etc. Call Janice: 204-883-2880 or email: Ritchotseniors@mymts.net

<u>Selkirk</u> - Tudor House Personal Care Home needs volunteers for various positions. Call **204-482-6601** Ext: 21.

<u>Selkirk</u> - Betel Home - Looking for volunteers for afternoons and Thur. evenings. Contact Matt Mutcheson for info: 204-482-5469 ext. 20956 or mmutcheson@ierha.ca

<u>Springfield</u> - Service to Seniors -Additional volunteer drivers needed in all areas of Springfield. Fees avail. to help cover costs. Call **204-853-7582** or email: **springfieldseniors@mymts.net** to arrange to pick up an application package.

# PROGRAMS / SERVICES

Beausejour - Beau-Head Senior Center - Mon. Chi Gong, Chair Exercise, 10 am. Crib 7 pm; Tues. Crib, 1 pm; Wed. Line Dancing 10 am. (beginners welcome) Bingo 1 pm; Thur. Whist 1 pm. 645 Park St. Beausejour 204-268-2444, beauhead@mymts.net

<u>Dauphin</u> Multi-Purpose Senior Centre-Seniors 55+ - members and non-members. Exercises, floor games, quilting, scrabble, sip and stitch, bingo, crib night, community chorus. Special events: Police Academy, dinner and a movie night, dances. Congregate meal program at the Centre - Tue, Wed, Fri. Lifeline, cancer society Transportation Program, fee for service contact list, Erik Kits, help with paperwork. *Facility available to rent.* www.dauphinseniors.com, 204-638-6485

East St. Paul 55+ Activity Centre - (262 Hoddinott) - Area residents welcome to play cribbage Tues., whist Fri. Also: pool, quilting and stitchery, art group, table and floor shuffleboard, book club, yoga, potluck suppers and casino trips. 204-654-3082 (msg).

Emerson-Franklin Senior Services - For seniors with disabilities, to assist in maintaining independent living. Services: friendly visiting and checks, transportation, shopping, foot care clinics, home maint. including housekeeping, heavy cleaning, gardening, home repair, Victoria

Lifeline, E.R.I.K. kits, mobility equipment (loan service), congregate meal program (3x/wk), Meals on Wheels for shut-ins. **204-427-2869** 

IN RURAL MANITOBA PROGRAMS / SERVICES / VOLUNTEERING

<u>Ile des Chenes</u> Seniors/<u>Grande Pointe</u> - Yoga, Mondays, 10 am. Indoor Walking, Mon., Wed. & Fri, 9-10 am. **204-878-3482** or **878-2728**, **253-0856**, **878-9562**.

**Interlake North Eastman** - Services to Seniors programs include: transportation, friendly visiting/phone calls, assistance with filling out forms, foot care, housekeeping, yard work, minor home repairs, Meals on Wheels, Congregate Meals, Lifeline, ERIK, errands, etc. Volunteer opportunities avail. Call for info: Arborg and District Seniors Resource Council 376-3494; Ashern Living Independence for Elders 768-2187; Brokenhead/Beausejour Outreach for Seniors at 268-7300; East Beaches Resource Center (Victoria Beach) 756-6471; Eriksdale Community Resource Council 739-2697; Fisher Branch Seniors Resource Council 372-8703; Gimli Seniors Resource Council 642-7297; Lundar Community Resource Council 762-5378; Riverton & District Seniors Resource 378-2460; St. Laurent Senior Resource Council 646-2504; Selkirk - Selkirk & District Senior Resource Council Inc. 785-2737; Stonewall - South Interlake Seniors Resource Council 467-2719; Springfield Services to Seniors 853-7582: Teulon and District Seniors Resource Council 886-2570; Two Rivers Senior Resource Council, Lac du Bonnet 345-1227, Pinawa 753-2962 or Whitemouth/Reynolds 348-4610 or Winnipeg River Resource Council 367-9128

Montcalm - Montcalm Service to
Seniors (S.A.A.M) - Meal program with
activities and musical entertainment in/at
Letellier-Hall Fridays. Joanne: 204-304-0551
or email: jbarnabe@hotmail.ca

Notre Dame de Lourdes/Saint-Léon/Ensemble Chez Soi - Services: parking permits, congregate meal programs 5x/wk at the manor, internet research, info/health sessions, light housekeeping, Alzheimer's support group, palliative care, transportation, help with documents, friendly visits/calls, spiritual services, equipment rental, E.R.I.K. kits, lifeline, mobile library, yard work. Coordinator Bev Collet: 204-248-7291 or ensemble@mymts.net. Our goal is to assist seniors and the disabled to maintain their independence. We are always looking for volunteers to help with these programs.

<u>Seine River</u> Services for Seniors - The Philips Lifeline Medical Alert Service provides simple, fast access to highly trained, caring Response Associates at the push of

a button, 24 hours a day, 365 days a year. E.R.I.K., Foot care, Transportation service, Friendly Visiting, Shopping trips. Juliette Rowan: **204-424-5285**.

Les services riviére seine pour aînés -Lifeline est un service d'alerte médicale simple et conçu pour réduire les risques lorsqu'on vit seul. En cas de chute ou d'urgence, de l'aide est à votre portée en appuyant sur un bouton. Le bouton d'aide de Lifeline vous met en communication avec un télésurveillant expérimenté qui vous enverra rapidement de l'aide - 24 heures sur 24, 7 jours sur 7. Philips Lifeline ont gracieusement donné une subvention à Les Services Rivière Seine pour aînés. Cette subvention nous permet d'aider les aînés de nos communautés à mener une vie plus indépendante. C'est important pour les aines de demeurer actifs s'ils souhaitent maintenir leur qualité de vie. Gratitude à Philips Lifeline pour ce cadeau special. Pour plus d'informations sur Lifeline, contactez Juliette Rowan -Représentante de Lifeline au 204-424-5285.

<u>Selkirk</u> - Gordon Howard Centre (384 Eveline St) - Seniors! Stay healthy, active and connected. We offer hobby workshops, fitness classes, recreational programs, volunteer opportunities and more. Also, special events, such as outings, seasonal meals and presentations. Please visit www.gordonhoward.ca or call 204-785-2092

Springfield Seniors - offers many programs: Pickleball, Zumba Gold, Bingo, Canasta, Board Games, Chair yoga, Strides walking programs, Seniors exercises, Shopping trips, Pancake Breakfasts, etc. Call 204-853-7582 or springfieldseniors@mymts.net for info.

Springfield Seniors Community Congregate Meals are available to all community seniors. Oakbank: Mon/Tues/Fri - 5
pm. Wed/Thurs, noon. Call 204-444-3132.
Dugald: Mon/Wed/Fri - 5 pm. Cooks Creek:
Mon/Wed - 11:30. Call 204-444-6000.
Anola: Mon-Fri, 11:45 Call 204-866-3622

<u>Springfield</u> - Support Group for Caregivers. 3rd Thur. of month 1-3 pm at that Springfield Library. Call Jackie at 204-268-4752 or email alzne@alzheimer.mb.ca to register

West St. Paul Seniors Programs - Yoga/Pilates; Zumba Gold 55+; Stitch 'n B\*\*\*\* - Knitting / Crochet Group. Info: Sunova Centre: 204-336-0294, or recreation@weststpaul.com

Email ready-to-print electronic PSAs to: kelly\_goodman@shaw.ca. FREE for non-profits and current advertisers. Include duration for listing to run.

# EARTSPACE WRITING SCHOOL

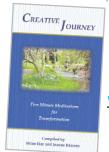


Joanne Klassen, founder of Heartspace, home of Transformative Life Writing, is the author of Tools of *Transformation* and many other books. Heartspace classes are popular in Canada and Europe. For information on Transformative Life Writing classes, please visit the Heartspace website: www.write-away.net or contact Joanne Klassen at: jklassen@write-away.net

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- Compiled by Brian Hay and Joanne Klassen

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#### **Excerpts from CREATIVE JOURNEY:**

# WALK

By Anne Harding (AH)

At Christmas people usually perch a fairy or an angel on the Christmas tree's top. But perhaps all trees have an angel in their branches somewhere.

#### (Roger Deakin)

Yesterday I was walking outside the art room when I began to look at the trees. I noticed that one was labelled "Common Oak" (Quercus Rebur). I began to examine its bark, the patterns, shapes, ruts, holes made by insects, birds and mammals. The branches were still hanging onto their leaves although it was November. There were no acorns to be seen on the ground as they would have already been taken by birds or squirrels.

I looked up in the branches and thought about the piece I was reading the night before. Unfortunately, I was not able to see an angel but I was indignant that the tree had been labelled "common." I stroked its trunk and said "Take no notice of the label people have given you. You

are not common, you are wonderful,

be yourself!"

As I walked away from the tree, I felt that an angel called me to go for a walk and remember that I am wonderful myself. (AH)

#### I walk in nature and remember to be my wonderful self

#### **BIO:** Anne Harding (AH)

Anne was a Primary teacher and worked with pupils with English as an Additional Language. Since retirement she has joined a Poetry Society and short story writing group. After attending a Transformative WritingTM course at Woodbrooke in 2009 she has returned for the Alumni Retreats every year since. The Tools of

Transformation support her writing development. Anne is a member of the Religious Society of Friends (Quakers) and attends meetings in Telford. ■



By Bertha Fontaine (BJF)

An intelligent man sees the differences, but a wise man sees the similarities.

#### (A Cree elder)

During a training session I attended in the 1980's, an elder spoke these words of encouragement to the attendees. I have often used this saying over the years, at home and in my work.

An example of this is a man from my home community who was labeled as hard to teach and unable to learn. The nuns placed Rusty in a "dummy" class in residential school because of his difficulties with math and most subjects. He couldn't keep up with the other students. He left school in frustration at an early age and no one tried to stop him, not even his family members.

Years later, I was visiting my parents when I came across Rusty, fixing cars two houses away. Although I didn't speak to him directly, my father proceeded to tell me that Rusty was a genius when it came to cars. Dad said that Rusty could take a car apart and put it back together in top working condition. Most people who owned cars in my old neighbourhood, sought Rusty's help to repair their vehicles.

His neighbours chose to see Rusty as the genius and talented man that he had become. The elder's words reminded me of the true wisdom of seeing other's gifts rather than their limitations. (BJF)

# Wisdom comes in many forms. I keep my eyes open to see the genius in others.

#### Bertha Fontaine (BJF)

Bertha Fontaine is currently a manager and counsellor at an addiction treatment centre in Winnipeg, Canada. She attended a Transformative Writing™ program at Canadian Mennonite University (CMU) and other writing classes led by Joanne Klassen. This helped Bertha realize the healing power of writing. Bertha loves being with family, especially her two sons, daughter-in-law, and four grandchildren. She believes and practices the Ojibway and Cree traditional ways of her ancestors.

OUR APOLOGIES.... to Erin Taves... In the Oct. 13-Nov.2/17 issue of Senior Scope, we erroneously published the incorrect quote with her submission, "TREAT". Her quote should have read, "My life is a treat. I accept all the goodness that life has to offer."

# RAIRIE TAL



By Angela Temple

Tuesday, October 3rd, was another hopeful day for the Beausejour Gang to 'Rock and Bowl' and get those balls sizzling down the lanes with boisterous laughter and

cheering all the way.

It was a battle between Sandra and Conrad the Rocket Man with the pins flying here and there leaving dust in the air. Sandra grabbed that High Single with her 195, with Conrad close on her heels. Conrad, the Rocket Man said "Enough, I am taking the High Triple"...and he did, with his 491. Twas indeed a pleasure to watch these two battle on, leaving the rest of us in their dust... with our headpins, gutterballs, etc..

Tuesday, October 17th, the Beausejour Gang hit the lanes once more for some rockin' and bowlin'.

What a day full of laughter and sizzling balls! It even crossed Diane's mind that perhaps a broom was needed to sweep up imagined shattered pins...

It was indeed a day marked by Double-doubles and even a Turkey! No matter that Thanksgiving Day dinner had come and gone. Conrad scored a Double-double in the first string, then again in the second string. Ted began with a Doubledouble in the second string, then wouldn't stop... had to score a Turkey and he did. Sandra scored her Double-double in the third string, as did Edna, scoring her Double-double also in the third string.

The Rocket Man, Conrad scored the High Single with 204, but he had Sandra with her score of 203 and Ted with his score of 193 hot on his heels. Ted scored the High Triple with 519, leaving both Conrad and Sandra as well as the rest of the Gang in his dust.

Cheers all around, Angela

# The Village Green Morris Men

Submitted by Jim Palmquist

I am part of a group of men dancers called The Village Green Morris Men. We practice at Crescent Ft Rouge United Church for free. But each year we have what we call our BIG SHOW after which we give all the monies raised, other than expenses, to the church in lieu of rent.

Morris dancing is a form of English folk dance originating mostly in the southern part of England, although this year we will be featuring Morris dances from all over the British Isles.

We started in 1974 for the Winnipeg Centennial celebrations. 2 of our dancers are still dancing with us and will be dancing at the show. One of these 2 men actually comes in each year from Quadra Island in BC to be in the show.

We have 12 dancers and 2 musicians. 7 dancers are over 70 years in age, 4 are between 55 - 70 and one spring chicken at 35 (he just joined us two months ago).



The Village Green Morris Men

We dance for the enjoyment mostly but we do gigs at nursing homes, schools, club events, coffee houses and several festivals around Manitoba. Call **204-775-1939** for info.

> **Village Green Morris Men's BIG SHOW**

**Crescent Ft Rouge United Church.** \$12, \$10 senior, \$5 kids over 5, tickets at door. An evening of old English Morris Dancing, with guests/musicians Susan & Paul Hammer and a new mummers play entitled "Snow White and the Seven Morris Men."

Sat. Nov. 18, 7:30

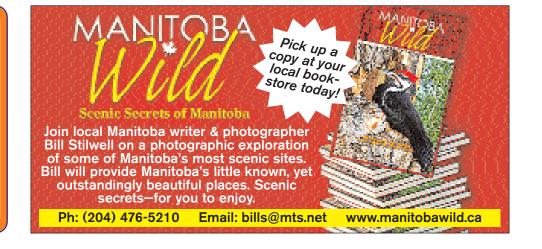


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# **Salmon Party Ball**

Ingredient	Imperial
can salmon, drained	15 oz
cream cheese	8 oz
horseradish	2 tsp
lemon juice	1 tbsp
onion, finely chopped	1 tbsp
tabasco sauce	1/4 tsp
worcestershire sauce	1/4 tsp
salt	1/4 tsp
parsley, chopped	3 tbsp
nuts, chopped	1/2 cup
	can salmon, drained cream cheese horseradish lemon juice onion, finely chopped tabasco sauce worcestershire sauce salt parsley, chopped

In a large bowl, combine salmon, cream cheese, horseradish, lemon juice, onion, salt, worcestershire sauce. Chill for several hours. Shape into a ball and roll in nuts and parsley. Chill until ready to use.

www.PeakMarket.com

# **CROSSWORD**

# After 40 Years on the Job... By Adrian Powell

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- Warning , of sorts Abania or Armenia 47 "Doggone it!" Off kilter 50 Loafer or pump
- 52 Like a quilt 53 One with a drug habit Long , sinuous fish 28 What Martin Luther 54 Thrill-seeker's turn on
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  - Smooth as can be Forfeit 60 Mid-manager's deg.
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# WORDSEARCH - CLOTHES By Senior Scope

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Armor	Choker	Glove	Kilt
Beret	Clog	Guimpe	Knitwe
Bib	Coat	Habit	Leotar
Biretta	Cowl	Halter	Loafer
Blouse	Earmuff	Hood	Mantle
Bootee	Fez	Hose	Mask
Bra	Frock	Jacket	Mini
Caftan	Garb	Jeans	Mitt

# SUDOKU VERY EASY By Senior Scope

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Overall	Suit
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Robe	Tam
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Ruffle	Tights
Sam Browne	Toga
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Sandal	Topee
Sash	Tunic
Serape	Tweeds
Shawl	Underclothing
Shoe	Undergarment
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SOLUTION ON NEXT PAGE

Each 3x3 cell has the digits 1-9.

Each vertical and horizontal line also has the digits 1-9.

Enter each digit (1-9) only once each in each cell and each line.

SOLUTION ON NEXT PAGE



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ave you ever told La little white lie

to get out of a date? Ever faked a headache or pretended to cough into the phone while cancelling a date? Everybody's had a nightmarish date. Like the guy who booked a table for two with a great view and it turned out to be Hooters. Like the woman who said she'd love to see you again as long as it's on Skype. Like the date who showed up pregnant and when you mentioned it, she stormed out calling you Captain Obvious. Or the guy you thought really liked you until you caught him discreetly giving the waiter twenty bucks to leave the washroom window open. Or the time one of you showed up 30 pounds heavier and 12 years older than your dating profile while the other was in the final stage of transgendering. Oh yeah, dating - more car wrecks than on icy roads in Georgia. But have you ever faked your own death to avoid a bad date? No? Meet Anna

According to The Mirror in Britain, 29-year-old Anna Gray of Somerset met a guy online and dated him a few times. After three dates and a dinner, Anna knew it was over. So she picked up her phone, sorry mobile and texted him saying she just wasn't that into him. While Anna's feelings for the guy went Arctic Vortex, he ... as a Brit, has the right to remain oblivious to

# It's Only A Bad Date If Someone Dies

everything going on around him except football scores and the temperature of beer ... he still had the hots for her. (Wot? My beautiful

Okay, he replied which both surprised and pleased Anna. Not entirely focused he was actually watching in painful disbelief as Bradford City stunned his beloved Chelsea with two late goals. Wow!, he thought, I should tell my dear sweet Anna about this!

"I think we need to have a date tonight," he texted. I will be around your house in 30 minutes."

Now pretending to be her own sister, Anna immediately messaged him back with bad news. Anna, she said, had been rushed to the nearby hospital the previous night with a very serious illness. So ... long recovery ... if and when ... don't hold your breath ... goodbye.

Quick as a cat but still thick as a post the guy texts back: "Oh thanks. What ward is she on and I'll visit her

Digging herself deeper into this deception, "Anna's sister" replied: "They are only letting family members in at the moment. Will let you know.'

"Hey," tweeted the guy looking up as he walked aimlessly around the city live-streaming Manchester United getting their clocks cleaned by Swansea City, "I'm outside that hospital now."

At this point in the story, you're realizing how tickety boo ... sorry, how absolutely easy peasy it is to write a British stage comedy. You take a bunch of queer coincidences, an impending death, unrequited love and you throw in a headmaster who likes to be caned, a wedding interrupted by a funeral, a bulldog named Churchill and a wicked Helen Mirren who happens to carry a riding crop in her kit. Next thing you know Hugh Grant is begging to play the lead for scale.

At this point, as the noose of deceit tightened around her neck, Anna Gray must have contemplated killing herself. So - ah what the hell - she did.

After an appropriate minute of silence, Anna's sinister sister sent the guy the coup de grâce: "I am really sorry to tell you but we lost her last night.'

'Great," said the guy. I'll switch the tulips for white funeral lilies and be right up!" Okay that one I made up but the rest is absolutely true.

The death notice ended the relationship. Nobody knows if the guy -"Wow! Liverpool nil, Everton nil!" - actually took the hint or was so upset by the death of his Anna that his grief muted his response.

A few months later, Anna Gray was back and dating on the original site when the jilted man spotted her active profile. Hmm, he must have wondered, back from the dead?

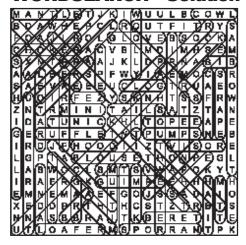
Maybe a fresh start? I'll just go to her flat and ask her out on a date!

In fact he sent Anna a bunch of horrible messages which must have been fairly close to the truth because she acknowledged she probably deserved them. "Karma is a bitch," is how she put it.

Speed dating, blind dating, online dating - what was once referred to as 'courting' can be very complicated today. Today there are more bad dates than good ones, more feelings hurt than friendships made. It's enough to make a guy named Chad with short hair and perfect teeth curse at Christian Mingle. ■

For comments, ideas and copies of *The Legend* of Zippy Chippy, go to www.williamthomas.ca

#### WORDSEARCH - Solution



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# **SUDOKU - Solution**

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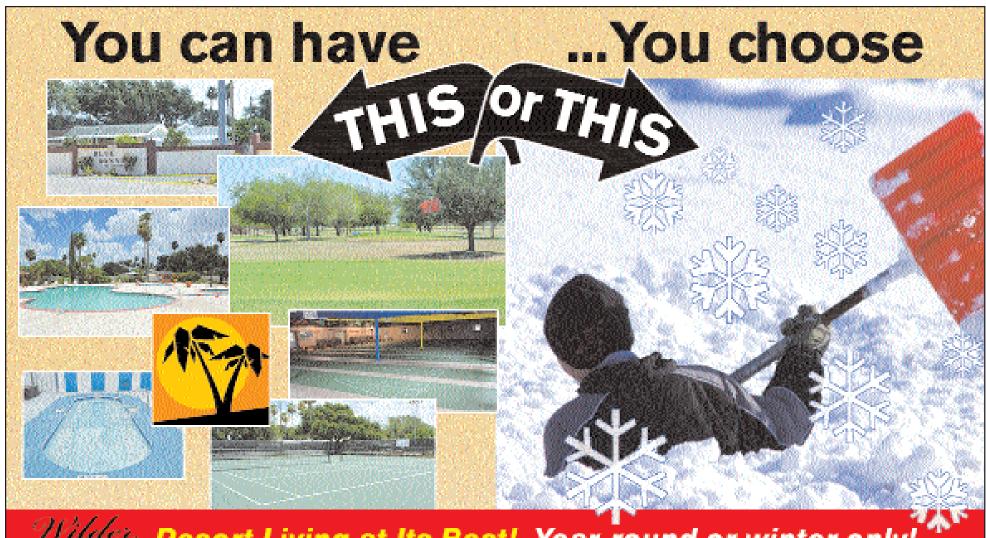
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